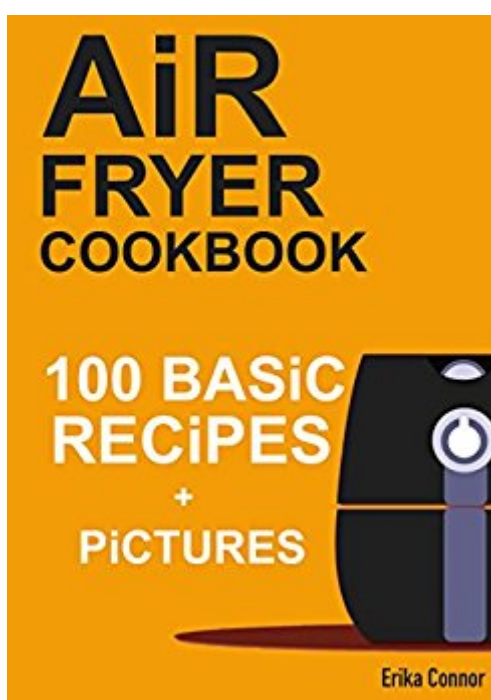




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Air Fryer Cookbook - 100+ Basic Recipes For Everyday: Air Fryer Recipes With Pictures And Nutritional Values.



Synopsis

Are you still choosing between healthy and tasty food? Here is solution for you: Air Fryer Cookbook - 100+ Basic Recipes for Everyday. Healthy and tasty food everyday!

Book Information

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Customer Reviews

I've only recently discovered the air fryer and didn't really understand what it was exactly until a friend of mine bought one. Since then I've gone out and bought my own. Now I'm hooked and decided I needed some delicious recipes tailor made specifically for cooking with an air fryer. The Air Fryer Cookbook by Erika Connor first starts off with an explanation of how the air fryer works, how to use it, and why it's such an ingenious method of cooking. This answered a few questions for me so I could fully understand the benefits of my new device and really get started on cooking some delicious and nutritious food. Actually one of the very first things I cooked was a steak, and I was really doubtful that this method of "frying" would produce a mouth watering result. But it did, so I'm really impressed. The Air Fryer Cookbook has over 100 delicious recipes with photos, described in exquisite detail so you can cook them just right. From your classic breakfast fare, gourmet lamb

chops, a cheese burger, deserts and even donuts, this book is packed full of awesome recipes. If you want to eat healthy, delicious meals and want to discover how to get the very best out of your air fryer, then get a copy of the Air Fryer Cookbook.

This has to be my 4/5th air fryer cookbook that I have bought and it matches up to all the others. There is always something new that I find every time I read one. I found the pictures in this book to be particularly useful and practical. This book had a lot of recipes to choose from, the instructions were detailed but easy to follow. I tried the easy fried lamb chops and found them to be delicious, I am excited to try out some of the other recipes in this book. This book has so many recipes it might be a long time until I get to try even half of them and they are so varied from breakfast to dessert.

Although many of the recipes seem promising, the many errors make it impossible to use. References to ingredients which aren't on the ingredients list, mixing and matching standard U.S. measurements with weights and grams, and odd wording (from translation?), as well as, some temperature settings in Celsius and others in Fahrenheit, make it too dodgy to trust.

I just recently purchased an air fryer because I tried some zesty potato wedges at a friends party that were made in an air fryer and they were awesome. Besides the health benefits from moving away from saturated fats the overall taste of foods prepared in the air fryer is superior to anything, I've tried before. The recipes I found in this book are opening a whole new world of cuisine for me and there's just not enough time in the week to try them all so I'll be referring back to this book for a very long time. The recipes and instructions are clear and the images make your mouth water. I recommend this to anyone that wants a better way to prepare foods with an air fryer.

This collection of recipes for air frying is exactly what my family and I were looking for. Delicious and easy to make recipes that we can all enjoy without adding all the extra fat and bad cholesterol to our diets. This book has everything from meats and fish to veggies and desserts! Accompanied by photos and a lot of details it is a must for those who either want to buy an air pressure cooker or already have one.

Awesome! I purchased this book to use with my recent purchase of the Brio Air Fryer. I am glad that I did.....it contains great recipes to use with the air fryer. The recipes are ones that my family would

actually eat....not ones that require you to purchase extra ingredients that you will only use once and forget about. Really worth recommending!

This cookbook is great for providing healthy and easy recipes. This is a good collection of recipes for great cooking with an air fryer. There are so many awesome meals to choose from, I already tried a few and they all were absolutely delicious. As a huge plus, recipes are going with nutrition values and pictures

I was disappointed in this cookbook. I did indeed need just basic recipes, but this book was very poorly edited. There was a table of contents with page numbers listed, then NO PAGE NUMBERS in the whole book! They also spelled "dessert" wrong. Most likely many other words too.

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